

LSYC Rig It Up Regatta 2017: Sailing Instructions

1. The regatta will be governed by the rules as defined by the "Racing Rules of Sailing," including US Sailing Prescriptions for the years 2017-2020 except as amended by these sailing instructions.
2. Notices to competitors and coaches will be posted on the official notice board at the top of the stairs as you enter the main clubhouse.
3. Any changes to sailing instructions will be posted by 9am on the day the change is to take effect.
4. If there is a postponement (delay) made ashore, the AP flag (red and white striped) will be flown on the club's main flagpole. When racing starts again, the next race will start no sooner than 30 minutes after the lowering of the AP flag.
5. Starts will be 3-minute dinghy starts. Sound signals at 3 minutes, 2 minutes, 1 minute, 30 seconds, 20 seconds, 10 seconds and 5,4,3,2,1.
6. Courses:
 - T = triangle
 - O = Olympic
 - W1= Windward leeward 1 time around
 - W2 = Windward leeward 2 times around
 - Start/Finish line is in the middle of the windward leg.
7. Sailors shall complete a 360 if he or she touches a mark and a 720 if fouling a right of way boat.
8. Protests must be reported to the Race Committee Boat upon finishing the race. Protests shall then be filed in writing within 30 minutes of the last race finish of the day.
9. All boats, blades and life jackets/sailing gear that will come in contact with the lake MUST be washed and inspected before going into the water. A power washer is available for the boats in the tennis court parking lot.
10. NO trash is to be thrown into the lake. Discarding trash of any type in the lake is grounds for disqualification.
11. Restrooms are available on the lower level of the yacht club.
12. Life jackets MUST be worn at ALL times while on the water. The only exception to this is when quickly changing clothing.
13. Scoring: Low point scoring system. 1 point for first place. When 5 races are completed the series scoring will exclude a boat's worst score. When 10 races are completed the series scoring will exclude a boat's worst 2 scores.
14. Schedule of Racing:

Monday

Competitors' Meeting: 10:30 am in the main clubhouse.

First Race: Approximately 11:00 am. No race will start after 5:30 pm.

Lunch break on the water; timing based on conditions. Coaches or sailors may carry team's sandwiches.

Tuesday

Breakfast at 8:15. First Race: 9:30 am. No race will start after 1:30 pm. The race committee may choose to end earlier based on conditions and number of races completed.

Cookout and Awards at 2:00 pm provided by LSYC.

