

2019 UPDATED Notice of Regatta LAKE SUNAPEE "RIG IT UP" REGATTA AND NH OPTI STATE CHAMPIONSHIPS



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DATE: Monday-Tuesday, July 29-30th

LOCATION: Lake Sunapee Yacht Club, (603) 763-5961, 34 Stone End Road, Sunapee NH.

BOATS: Club 420s: Spinnaker and no Spinnaker

Optimist: Green Fleet (Beginner) and Champ Fleet

EVENT CHAIRS: Aimee Ayers 603-440-8498 abgardner@yahoo.com

Tucker Jones 617-680-8177 tuckjones@gmail.com

GENERAL INFORMATION:

Registration:

Please register your team **no later than Monday, July 22, 2019**

Forms to be Completed

(1) Registration

(2) Medical Consent

(3) Medical and Emergency Information

(4) Release and Indemnity Agreement are on the LSYC site at www.lsync.net.

Please mail all forms to the following address:

RIU Regatta

Lake Sunapee Yacht Club

PO BOX 329

Sunapee, NH 03782

Eligibility:

Ages 18 and UNDER (cannot reach the age of nineteen by date of regatta). This is a youth regatta. Emphasis will be on learning and growing as sailors.

Fees:

\$50.00 per person includes lunch and dinner (pizza and salad) Tuesday evening, breakfast, lunch and awards on Wednesday.

\$40.00 per boat charter fee, with a \$100 deposit check to be returned at the close of the regatta.

\$15.00 per non-sailor to eat with the sailors

Schedule of Events:

Monday, July 29th

Boat Washing 9:00 -10:30 am

Registration: 9:00-11:00 am

Skippers Meeting: 11:00 am

First Race: Approximately 11:45 am. Last Race: No race will start after 5:30 pm.

Dinner: Provided by LSYC pizza and a movie/games plus swimming!

Tuesday, July 30th

Breakfast: 8:15-9:00 am in the clubhouse

First Race: 9:30 am. No race will start after 1:30 pm or at the race committee's discretion

Cookout and Awards at 2:00 pm provided by LSYC

Boat Washing:

Lake Sunapee regulations require *all* off-lake boats to be inspected before launching. LSYC's designated area for power washing boats upon arrival will be by the tennis courts. PLEASE DO NOT WASH BOATS ON THE ASPHALT OF THE BOAT PARKING LOT TO AVOID RUN-OFF ENTERING THE LAKE. A LSYC representative will help with boat washing and then will inspect boats before they can be launched. Any boats launched with out inspection are subject to disqualification. Please clean trash, etc. out of your boats before arrival to save time.

Sailing Instructions:

Sailing Instructions (SI) will be posted on the LSYC website one week before the regatta.

Directions:

Lake Sunapee Yacht Club, 34 Stone End Road, Sunapee NH 03782

Website: www.lsync.net.

Housing:

We hope to offer housing. It will be on a first-come, first served basis and will depend on space and numbers. Contact: Aimee Ayers at abgardner@yahoo.com by **JULY 15th**. If your club has accepted housing, please contact the host family in advance; race chairs will provide contact information.

With that said, this is a big vacation time when lake families host their own visiting relatives, so space can be limited. Please go to this link to find area lodging:
<http://lakesunapeeregionchamber.com>.

Thunder/Lightning Plans:

In case of conditions that would delay racing, coaches, please be prepared to share your favorite team-building game or sailing lesson with the group.

Water Bottles:

Please bring your own water bottle.

Participants:

If your club has a sailor without a partner, please let us know. We can put coaches in touch with each other.

Other:

Visitors interested in ordering from the club snack bar, please see the club manager
Shoes, shirts and shorts/cover-up must be worn in the clubhouse; wet bathing suits are wonderful outside

Must be 21 or older to enter the bar area

No smoking on property

No alcohol off the terrace

No pets allowed

Please observe a moment of silence while the flag is lowered at sunset

Further Information:

For further information, please contact regatta chairs:

- Aimee Ayers 603-440-8498 abgardner@yahoo.com
- Tucker Jones 617-680-8177 tuckjones@gmail.com

LSYC Sailing Program Director:

- Rob Dresser 781-635-7021 dresserski@yahoo.com